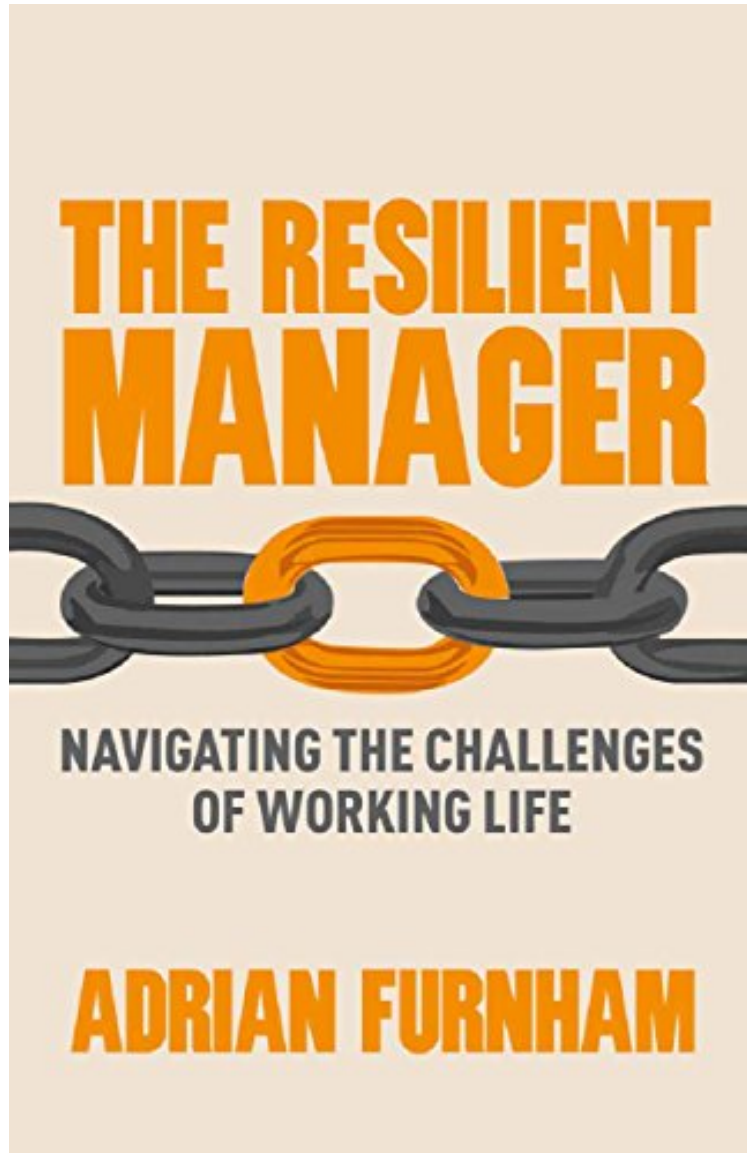


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# The Resilient Manager: Navigating the Challenges of Working Life

*A. Furnham*

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**A. Furnham : The Resilient Manager: Navigating the Challenges of Working Life** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Resilient Manager: Navigating the Challenges of Working Life:

Resilient people are happier, healthier, and more productive. Psychologist and business writer Adrian Furnham takes a sideways and entertaining look at the challenges of being a leader, demonstrating how resilience can be honed,

developed, and used as a personal life raft to keep afloat in the face of adversity.

'Adrian Furnham is the best known social psychologist in the UK. He is widely travelled, widely read, broadly educated, and has a keen eye for the gritty absurdities of organizational life. This book, a collection of wide ranging and sharp observations on how management affects the well-being of everyone is a witty, fun, engaging, provocative, and ultimately very rewarding read.' -Robert Hogan, CEO Hogan Assessments, USA 'Furnham's latest masterpiece expertly blends academic rigour, real-world relevance and pithy observations to help managers and scholars alike get to grips with issues like how to build a team for resilience, getting the best out of people and dealing with the daily grind.' -Dr Mark Batey, Manchester Business School 'The Resilient Manager is another excellent book in the series. In these turbulent times, to survive and flourish managers need to be resilient. Professor Furnham has done a masterful job in helping managers confront this challenge a must read for all managers.' -Cary L. Cooper, CBE, Pro Vice Chancellor for External Relations Distinguished Professor of Organizational Psychology Health Lancaster University Management School 'Resilience, almost more than any other attribute, is needed to survive in a world where you are continually bombarded with competing and often biased views on everything, and where change is always top of the agenda. Resilience is a key attribute for a manager to survive in this kind of environment. This book explains the problems of modern management, identifies resilience as a key issue and provides helpful suggestions.' -Professor Chris J. Jackson, Head of School, School of Management Australian School of Business

About the Author Adrian Furnham is a business writer, speaker, consultant and as Professor of Psychology at University College, London, a globally recognized expert on leadership and organizational psychology. He has been a consultant to over 20 major international companies, with particular interests in top team development, management change performance management systems, psychometric testing and leadership derailment. He speaks regularly all over the world on training courses and company workshops, including PwC, Goldman Sachs, Lloyds TSB, HSBC, BA, Ministry of Foreign Affairs. He acts as a consultant to a number of bodies including HM Government, British Airways, HBOS and SAP and also a number of multinational corporations. He has been a newspaper columnist at the Financial Times, Sunday Times and the Daily Telegraph and is a regular contributor to national and international radio and television stations including the BBC, CNN, and ITV. In 2013 was nominated by HR magazine as the 3rd Most Influential People in HR. He speaks regularly at conferences around the world being well known as approachable, well-informed and entertaining. He is on the editorial board of a number of journals, has received many awards, and has written over 1000 scientific papers and 70 books, including successful, popular management books.