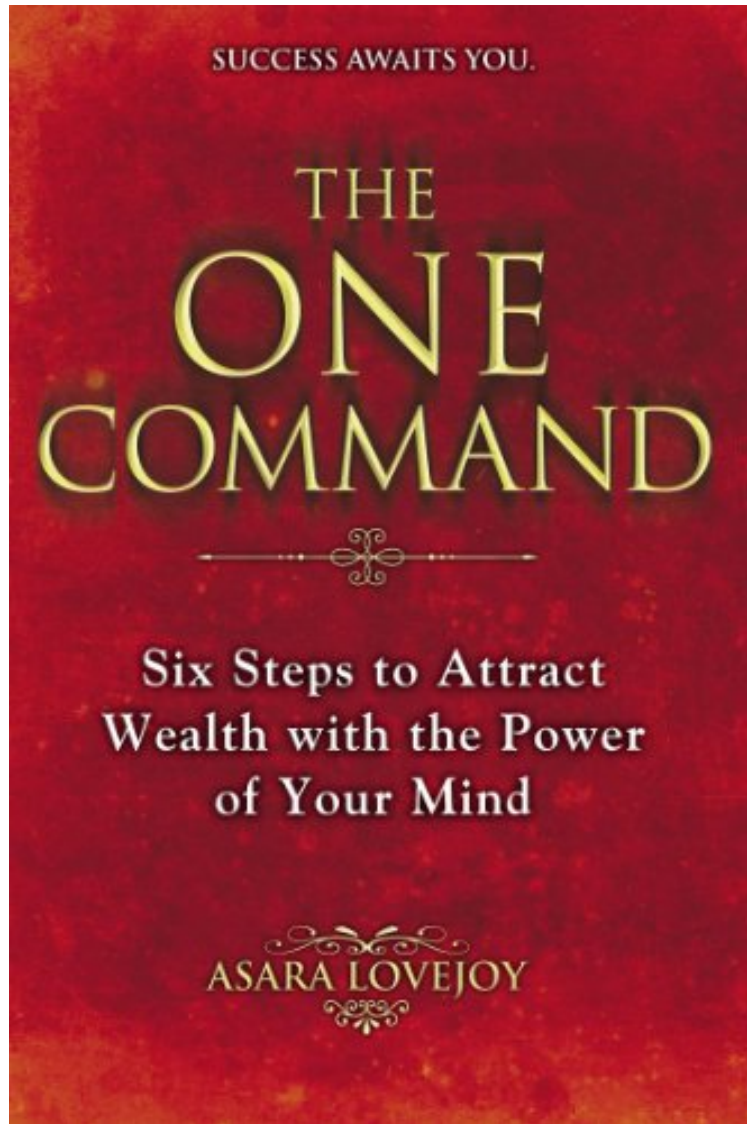


The One Command: Six Steps to Attract Wealth with the Power of Your Mind

Asara Lovejoy

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Asara Lovejoy : The One Command: Six Steps to Attract Wealth with the Power of Your Mind before purchasing it in order to gage whether or not it would be worth my time, and all praised The One Command: Six Steps to Attract Wealth with the Power of Your Mind:

12 of 12 people found the following review helpful. ImpressedBy Lisa G.I've read several other books on creating your own life. This one is one of the tops. Asara goes into extensive detail about how why and what the possibilities are. Sometimes you don't know what you don't know. She lets you know. So now you know. She encourages you to

not just try for an improvement in life, but to go for the gold. She gives you permission to ask for your wildest dreams. 19 of 19 people found the following review helpful. This book really helped me. I read the book through, then tried the steps and saw immediate change in my life. Her method of reaching into the Universe for guidance really works. Also, it was refreshing to buy a book wherein the author didn't use a title to lure me in and then try to sell me on all her other products. Thanks. 0 of 0 people found the following review helpful. Some flaws in book but method is simple enough to follow. As noted in some other reviews this method uses the theta brainwave state but doesn't help readers know if they are in the state or not. I think it is meant for readers to assume they are theta by following the method. Rolling the eyes upward as if looking toward heaven or the center of your forehead is purported to change the brainwave state toward alpha and perhaps helps entering theta so by using eye rolling you may enter theta. There is habituation after a few minutes of rolling eyes upward and please do not tire your eyes so do keep the session short and The One Command sessions should be short so looking upward should work well with The One Command. It is true the method could be stated in a much shorter book, but having said that I do believe the repetition some readers complain about does have a purpose which is to help reprogram your mind. If you have ever done meditation or affirmations you already know it takes some repetition to get there. Be patient and receptive as you read through the book. The method reminds me somewhat of Vianna Stibal's theta methods so if you are familiar with her work you this will be similar. I am not sure though it "imprints your DNA" but I do think it may be able to help some and I didn't find anything negative so though the book isn't perfect you can give it a try and see if it works for you. There are some videos with Asara Lovejoy on YouTube and I saw at least one with her giving a short One Command session with the host so you can check it out before purchasing. There is a newer edition of this book but I am not sure if there are updates or improvements which would help readers. Personally I am leaning more toward positive prayer which I find easy, affirming and uplifting so I don't think I will be practicing The One Command.

If you believe that you have to struggle, save, work hard, and carefully invest in order to achieve financial security; then this book will change your mind and life forever. In *The One Command*, Asara Lovejoy introduces a new, simple process for tapping into your powerful mind to attract wealth. The six-step process will allow you to instantly stop your fearful negative thinking in its tracks, and reach the peaceful mental state of theta, from where you can naturally draw wealth and happiness to you. Asara says we all have the power within us to achieve a better life. Let go of the false idea that you can't consciously control the infinite uncertainties surrounding your life, and discover the deep mental strength that is inherently yours. It's time that you achieve the rich life you've always dreamed of. Surrender old ideas about money. Embrace radical concepts. You have the power to create and attract wealth.

About the Author: A beloved speaker and founder of *The One Command* method, Asara Lovejoy is one of the most compelling voices to emerge from the self-help and New Age arenas in decades. Inspired at age thirteen by Ernest Holmes's *The Science of Mind*, her life commitment has been to understand the human mind as it relates to potentiality. Asara has studied with renowned teachers in various fields of human consciousness and transformation. She mentored and taught with Paul Rebillot through his *Direct Impact Creativity* program, doing trainings in Europe, Canada, and the U.S. Over the years, Asara has received intensive training in quantum field theory, NLP, hypnotherapy, and energy healing. In the 1990s, Asara founded *The Threshold University of Body Mind Science*, a vocational school in alternative healing. After graduating more than nine hundred students, Asara closed the school in 2000 and moved to San Diego, where she became a popular weekly guest on *Clear Channel Radio*. During that period, Asara discovered *The One Command* method, which immediately transformed her life, drawing together many of the human consciousness paradigms she had studied into a process that created deep and profound changes in her reality. In just a few short years, *The One Command* has developed into a comprehensive training program with more than five hundred trained *One Command Leaders* throughout the world, and more than 100,000 people participating in *One Command* seminars, *Commanding Wealth Circles*, telecourses, and other programs. She reaches many more individuals through her radio show, introducing them to *The One Command* and her message that we have the power to create what we want in our lives.