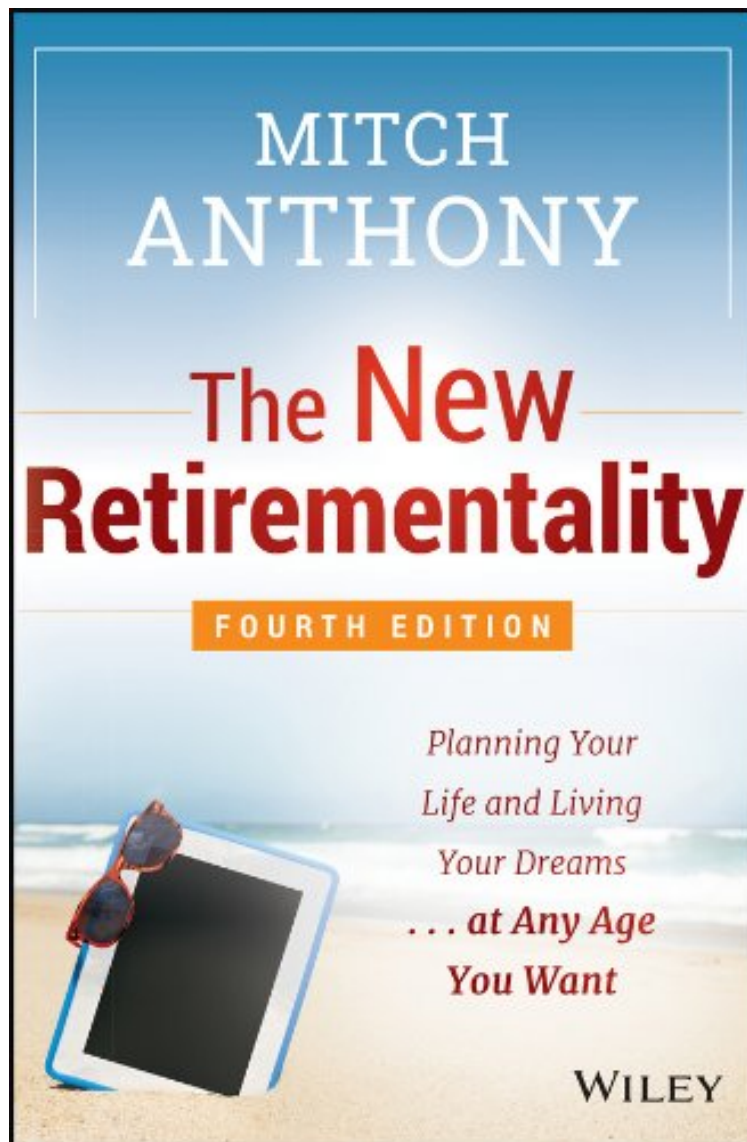


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# The New Retirementality: Planning Your Life and Living Your Dreams...at Any Age You Want

*Mitch Anthony*

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**Mitch Anthony : The New Retirementality: Planning Your Life and Living Your Dreams...at Any Age You Want** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The New Retirementality: Planning Your Life and Living Your Dreams...at Any Age You Want:

9 of 9 people found the following review helpful. Look before you leap!By Joseph GrippiThirty years and 168 hours per week is a long time doing nothing. No one should even think of retiring without reading this book first. Mitch

Anthony's point about retiring to something not from something is spot on. We baby boomers need to realize that we always have and always will have a need for significance. Retirement can be the continuation of that significance if we plan for it. While I may have the means to retire today it will be a while before I have the meaning for it. Read this book before you leap into unknown territory as retirement should not be an exit ramp but rather an entry ramp. 8 of 8 people found the following review helpful. A challenge to the way you look at retirement By Caped Crusader I'm a big believer in having a work life balance all through my life and don't expect to ever fully stop working. The New Retirementality assures me that I am not alone in this way of thinking. Once you learn that retirement is an artificial finish line--introduced to solve a century old unemployment problem--you'll start thinking differently about how you'll live out your "Golden Years." Mitch Anthony does a great job of helping the reader understand that there is mental, physical, and financial danger in quitting work "cold turkey" and walks you through practical steps to enjoying a long and enjoyable retirement. If you're 50+ this book is a must read before you make a retirement decision you may regret. For those younger, it will give you pause for thought about how to plan for your retirement. 7 of 7 people found the following review helpful. A superb text and guide By garlec I'm 70 and still working for pleasure. This is the best "retirement book" I've ever read, and I've read a lot. Practical, down to earth. Lots of good references. I liked it so much I bought 5 more for friends.

Stop making a living and start making a life with *The New Retirementality* When Mitch Anthony first presented the concept of a new way of thinking about retirement in 2000, it was novel and many critics didn't buy into it. Originally written to get the attention of baby boomers who were approaching 55, Mitch started a revolution by showing people why they needed to have a new attitude about retirement—a "new retirementality." More than a decade later, most of us are facing a very different retirement reality than previous generations—failing pensions, an endangered social security system, and inadequate savings. We have been forced to face the reality of a retirement that may never happen, or one that will take place much later in life than ever expected. Circumstances are redefining what it means to retire, and *The New Retirementality, Fourth Edition* is your roadmap. While most books focus on a "number," this reliable resource shows you that attitude is also an essential part of the equation—if you want to succeed you need both means and meaning. Includes new research and studies on the latest retirement realities, as well as introduce readers to Mitch's newest concept, investing toward a greater Return on Lifetrade; Discusses what it means to retire on purpose, the expanding role of work in retirement, and how to self-direct your future by becoming your own benefits director Written by top financial planner Mitch Anthony Filled with engaging anecdotes and inspirational suggestions, this book will motivate you to rethink the meaning of retirement and put you in a better position to enjoy the new retirementality you deserve.

From the Back Cover Praise for *The New Retirementality* "The New Retirementality is at once enormously inspirational and immensely practical. It is filled with compelling stories, unforgettable phrases, and wise counsel that will help readers expand their options for fulfillment in the decades stretching out beyond midlife. With this new edition, Mitch Anthony has emerged as one of our most trusted guides for the second half of life." —Marc Freedman, Founder/CEO, Encore.org and author, *The Big Shift* "Thinking about retirement? Mitch Anthony's *The New Retirementality* will help you holistically plan for your 'next phase' with a new attitude and perspective. Expect to re-adjust your thinking to embrace a future that focuses less on the traditional idea of retirement and more on creating the best life for you." —Deena Katz, CFP, LHD, Associate Professor, Texas Tech University Worried about whether or not you'll be able to retire? Join the tens of thousands of people who have already developed a "new retirementality" mindset and made retirement happen—on their own terms. Many of us are facing a very different retirement reality than previous generations—failing pensions, an endangered social security system, and inadequate savings. We have been forced to face the fact that retirement may never happen, or that it will take place much later in life than expected. In the fourth edition of *The New Retirementality: Planning Your Life and Living Your Dreams at Any Age You Want*, Mitch Anthony shows you how to take command of your own future by focusing on a balanced approach known as Return on Lifetrade: living the best life you can with the resources you have. About the Author MITCH ANTHONY is the founder and president of mitchanthony.com, a consulting firm that works with financial services organizations to promote transparency between advisors and their clients. He is a popular speaker and host of *The Daily Dose*, a radio program heard on stations nationwide. A go-to source for the media, Anthony has been quoted in *The Wall Street Journal*, *Kiplinger's Personal Finance*, and *The New York Times*. His *RetireMentors* column appears regularly on CBS Marketwatch.com. Anthony is the recipient of Financial Planning magazine's "Mover Shaker" award for his pioneering work in retirement and financial life planning.