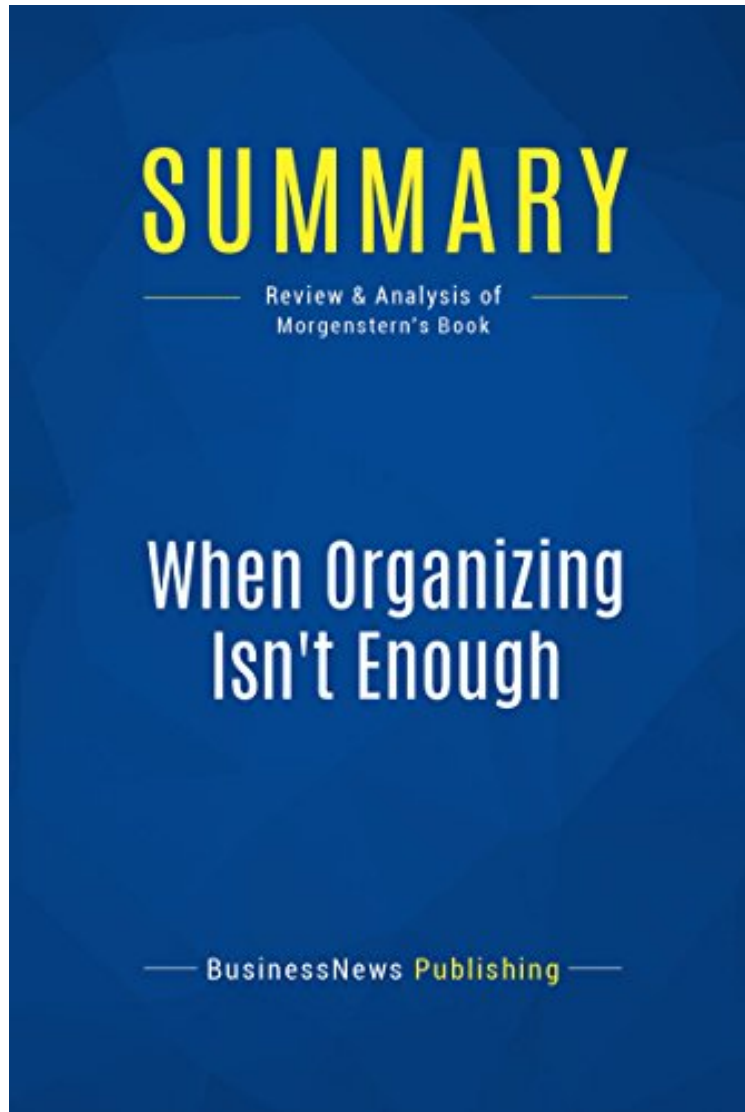


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The must-read summary of Julie Morgenstern's book: "When Organizing Isn't Enough: SHED Your Stuff, Change

Your Life". This complete summary of the ideas from Julie Morgenstern's book "When Organizing Isn't Enough" shows that organising works just fine when you know where you want to go but you aren't really sure how you can actually get there. There are, however, times when organising alone isn't enough. In her book, the author explains that, in those situations, you are better off releasing your attachment to old and obsolete items so you have more clarity and space to move forward. This summary presents the four-step SHED approach that will allow you to let go of the things that represent the past. Added-value of this summary:

- Save time
- Understand key concepts
- Expand your knowledge

To learn more, read "When Organizing Isn't Enough" and discover how you can make a new start in your personal or professional life.