

[Free download] How to Shop for Free: Shopping Secrets for Smart Women Who Love to Get Something for Nothing

## How to Shop for Free: Shopping Secrets for Smart Women Who Love to Get Something for Nothing

*Kathy Spencer*

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**Kathy Spencer : How to Shop for Free: Shopping Secrets for Smart Women Who Love to Get Something for Nothing** before purchasing it in order to gauge whether or not it would be worth my time, and all praised How to Shop for Free: Shopping Secrets for Smart Women Who Love to Get Something for Nothing:

3 of 3 people found the following review helpful. I found lots of free stuff in my town even before finishing the book! By Julie Norman I have been clipping coupons since I could hold a scissors, but decided it was time to step up

my game. I was happily saving from my 1 copy of the Sunday paper, saving 10-30% each week on groceries. After reading this book, 50% is my minimum savings. In fact, within the first week, I located cheap ways to get more coupon circulars, new local stores to try for deals and basically, changed the way I thought about shopping. My store and brand loyalties are quickly being replaced with the search for free or nearly free stuff. Even though there's no place nearby that doubles coupons, I was able to find many things for free or nearly so, right away. Before buying this book, I had looked at several couponing ebooks before deciding on this one. I have not been disappointed. Kathy shares lots of details and how-to's, even break downs of combinations of discounts and coupons. There are so many savings ideas that it will take me quite some time to try out all the ones that I would like. This book helped me to learn new rules to the game and to feel more confident in finding and taking those deals. Kathy leads by example, and has many years of experiences to share. She also teaches you the ethical way to save - why cheat when you can get free things anyway? This was just what I needed to get me going on the right savings track and is a resource that I will return to again and again. I also signed up on her site and liked her on facebook, it's free, after all. And I have found both to be a great resource with the coupon database and coupon matchups and alerts to keep me up to date. This all makes saving money and getting things for free a lot easier than I thought it would be. I don't mind an author mentioning their website here in there in their books, if their resources are free and helpful. This book does what it says it will, and more. If you're looking to step up your coupon game, or even start, then give this a try. In a week or so, you could more than make back the money you spent on what you save.

2 of 2 people found the following review helpful.

An Outstanding Tutorial on Transforming Shopping Habits to Meet ALL Needs at a Fraction of the Price. By candiceanne

With the United States' economy continuing to spiral downward, a trend that is expected to continue at least through the next four years, women, men, children and even businesses are turning to couponing and other techniques to put food on the table, clothing on backs, fuel in the tank, supplies in the office, take vacations or essential business trips, and even to obtain medical goods and services. In response to the demand for information on couponing and other techniques to reduce costs, reality TV shows on extreme couponing, blogs on couponing and other techniques, coupon websites, and a slew of books on how to meet needs at a drastically small percentage of the top price in the cycle, ideally FREE have come into existence. Having been an extreme couponista for more than 30 years in order to provide for my large family of children, foster children, and now grandchildren in addition to keep costs down at my businesses I recently began reviewing available blogs, coupon sites, and books in order to find the best resources out there to pass along to my growing family and friends. By far, How to Shop For Free, Shopping secrets for Smart Women Who Love to Get Something for Nothing, by Kathy Spencer with Samantha Rose, has been the best primer I have found to learn the ins and outs of extreme savings. Not only does this book, available in paperback for \$10.17 or Kindle for \$9.66 on .com, provide instruction on collecting coupons, it also provides detailed instructions on understanding store programs, stacking, and all the other ins-and-outs for maximizing deals. How to Shop For Free is filled with links to websites for printing coupons, manufacturers sites to sign-up for their promotions, sweepstakes, and coupons, detailed explanations of store programs, and sites that do the legwork for you with lists of deals by state and store with links to the coupons built right in. Kathy's book is an outstanding tutorial on transforming shopping from the frequent trips to the store for missing ingredients that result in paying top dollar, to "stockpiling" when prices are at the bottom to carry through to the next time they hit bottom so there is no need to ever pay full price again. Kathy's book addresses the issues surrounding seasonality and 4-6 week pricing cycle with tips to take advantage of these cycles. Kathy's book is not limited to the grocery store for sure. This 247 page tome, includes chapters on, "Get It Together and Make a Plan," "The Business of Buying," "You're Covered: From Diapers to Drugs," and even "Scoring Clothes for Nada," to assist the reader in extending the techniques to virtually all purchasing areas. Of all the books I have reviewed to date on the subject of couponing and other savings techniques, How to Shop for Free is by far the easiest to put into action with great results, as well as being the most comprehensive. Candice Casey is the Publisher and Editor-in-Chief of RiverValleySun.com.

1 of 1 people found the following review helpful.

An amazing must have book if your gonna succeed in the coupon world. By Amy623

Thank you Kathy so much for taking your valueable time to write this book to teach others how to save money like you do. This book teaches you all the couponing Lingo and abbreviations. Teaches all the tricks you need to know like stacking, rain checks, money maker, ect. I also follow Kathys face book grouos which are amazibg and they do all the work for you really. You just have to follow and copy their lead. Find the coupons they say and then go shopping. Theirs always a link to the coupon on her site. It also teaches you about store loyalty cars and spps you can down load to get even more mobey back like Ibotta, checkout 51, and savingstar, ect. Theres so maby ways to save money to make things free or practically free. You need to read this book if you are new and want to learn to coupon. She even teaches you what not to do bc its coupon fraud which is a felony. Thank you again Kathy. I just love this book and you for writting it for us.

Kathy Spencer can whittle a 267.22 grocery bill down to one penny. How to Shop for Free is Spencer's smart, sassy, step-by-step savings guide that teaches you how to do just that; and more. You'll learn how to find the best savings and combine them with store promotions, rewards programs, and store credit to get almost anything for free; from organic produce to makeup, prescription drugs to clothing. With an eye toward cutting your monthly

spending on the basics, Spencer guides you through many popular stores—including CVS, Kohl's, Safeway, Target, and Walgreens—and explains how to maximize your savings. Follow Spencer's plan and, by the end of the book, you'll be shopping for free.

From Booklist Boston shopping maven Spencer sure knows her stuff—that is, how to take advantage of coupons, in-store sales, rewards clubs, and the like to reap bargains for nothing (or close to zero). With the help of writer Samantha Rose, the author takes us through a whirlwind of savings strategies and ideas, always executed on the up and up. To break up what could be pages upon pages of instructions, sidebars are liberally applied—hot tips (e.g., snag as many Sunday newspaper inserts as you can), work it (exercises to help you maximize budgets), shoppers hall of fame (testimonials from the parsimonious), and so on. And resources at the end of each chapter provide website URLs. In essence, Spencer and Rose demystify the marketing lingo—like blinkies, tearpads, CATS—and demonstrate very practical methods to score deals. Such as joining product-testing groups or flipping (switching) prescriptions at pharmacies to gain gift cards and further discounts. Yes, Virginia, there is a lot of preparation time and effort involved in shopping for free. On the other hand, Santa could visit more than once a year. --Barbara Jacobs San Francisco Book , December 2010 "Spencer's techniques make sense." Bookviews.com, 11/28/10 "Spencer lets the reader in on the little-known tricks of the retail world... This book is a treasure of information about store club programs, the ins and outs of eBay, how to avoid consumer scams, and the truths about rebates. This is a shopper's dream come true." MomsWord.org, 11/27/10