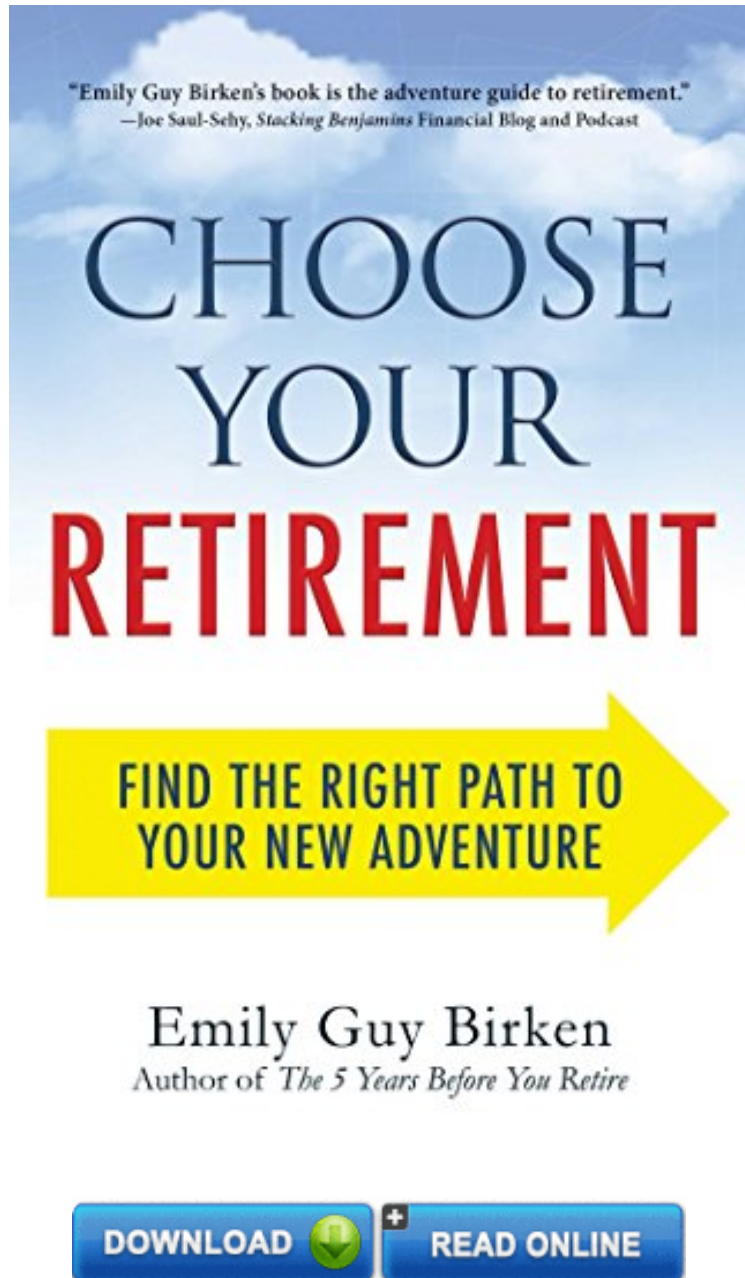


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## Choose Your Retirement: Find the Right Path to Your New Adventure

Emily Guy Birken

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**Emily Guy Birken : Choose Your Retirement: Find the Right Path to Your New Adventure** before purchasing it in order to gage whether or not it would be worth my time, and all praised Choose Your Retirement: Find the Right Path to Your New Adventure:

0 of 0 people found the following review helpful. A Fresh Perspective on an Old SubjectBy CustomerMy lasting impression from Choose Your Retirement will be that I need to have a Plan A and ldquo;Plan Brdquo; for my

retirement. With so many moving parts (the stock market, healthcare, my wants and desires, etc.), it's healthy to think through a couple of different paths once I reach that point in my life that I want to completely stop working. The book cover is simple, yet beautiful. And if I were Emily I would be very proud of the look and layout of the book. I would recommend this book if you're looking for a fresh perspective on your retirement. Choose Your Retirement is much more than a numbers book. It delves into money psychology, myths, and lightens up the entire topic of retirement by giving you a ton of options to explore. 1 of 1 people found the following review helpful. Some great explanations by Brian C Darr. Excellent book, with some areas I never thought of or read about elsewhere. Always like to see all the options to help me decide in the future. 6 of 6 people found the following review helpful. You really can choose your retirement. By Doug Nordman. I've been retired for over 13 years (since the age of 41), and I wish this book had been published a couple of decades ago! Ms. Birken's an experienced personal-finance writer. She guides you through the entire retirement process, but first she helps you figure out your personal perspective on money. Your childhood will influence your financial attitudes of avoidance, status, worship, or vigilance. Once you understand how your money scripts will help (or hinder) your retirement, she shows you how to brainstorm five steps that you'd take for a fantasy big-dream retirement. You'll also think through your bare-bones "Plan B" retirement and meld it all into a goal that matches your values. You'll base your plan on your projected expenses and then figure out how much to invest-- as well as how to tap your funds after you stop working. Her checklists and worksheets make sure that you cover all the details, and she includes plenty of references to help you check your planning. She debunks the most popular myths about your retirement and then takes you through the lifestyle considerations: family, downsizing, inflation, healthcare, retiring early, moving, travel, living overseas, part-time jobs, and even returning to school. You'll finish the book with a much clearer vision of how to get to your retirement! (I read a galley provided by the publisher/author. When starts selling the Kindle version, I'm buying a gift copy for my young-adult daughter.)

As seen in Woman's Day, US News World Report, and Money Magazine. Uncover the truth about planning for retirement! From financial advisors and pundits on television to colleagues and family members, everyone has something to say about retirement. But how much of it is true? Whether you're looking to move into a senior living community or travel the world, Choose Your Retirement shows you how to realistically prepare for the future you desire. Inside, you will find expert advice for choosing the best retirement path for you and your family as well as information on common myths like: You will only need 80 percent of your current income in retirement. Medicare will cover all your health-care needs. Switching investments over to bonds is the safest retirement option. Social Security will run out in 2033, leaving millions without their promised benefits. Filled with hundreds of facts about retiring, Choose Your Retirement helps you set attainable financial goals and plan for the retirement--and life--you've always wanted.

About the Author Emily Guy Birken is a finance writer who writes the "Live Like a Mensch" column for The Dollar Stretcher. She is also a contributor to Wise Bread, PT Money, Money Crashers, Yahoo! Finance, and Business Insider, and many other personal finance sites. She edits and writes for the FinCon blog, an annual conference for financial bloggers. She is the author of The 5 Years Before You Retire, Choose Your Retirement, Making Social Security Work for You, and End Financial Stress Now. You can visit her at [SAHMnambulist.blogspot.com](http://SAHMnambulist.blogspot.com).